Focus on the ABCS

SMOKING CESSSION

The Take Home Message:

We all know that getting patients to quit smoking is important.
But finding the time and resources to help patients quit is challenging.
These best practices will help you move from simply asking, advising, and assessing — to assisting and arranging!

USE THE QUITLINE: 1-800-QUIT-NOW

Patients over 18 years of age who want to quit smoking can call the QUITLINE for help, or get help online at www.quitsupport.com. But did you know that you can use the fax referral line, 1-866-688-7577 to have the Quitline call your patient? For a copy of the fax referral form, visit www.millionheartsde.com.

The Delaware Quitline offers a variety of services, including:

- Motivational support by phone from a Quitline specialist. Or, if you recommend it, face-to-face counseling by a trained, local counselor;
- For income-eligible callers, vouchers to purchase stop-smoking aids, such as nicotine patches or gum;
- Follow-up support;
- Quit-smoking guidebook, You Can Quit Smoking. We’ll Teach You How; and
- Information about quitting—even for those who think they’re not yet ready to try.

BILL FOR TOBACCO CESSSION COUNSELING

Counseling patients to quit smoking can be time consuming—get reimbursed for that time!

Use the CPT and Diagnostic coding below, and properly document your visit with the total time spent with the patient and what was discussed:

☐ Cessation techniques ☐ Resources ☐ Follow-up.

<table>
<thead>
<tr>
<th>CPT Codes:</th>
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<tbody>
<tr>
<td>99406</td>
<td>Intermediate</td>
<td>Smoking and tobacco cessation counseling visit of 3 to 10 minutes.</td>
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<tr>
<td>99407</td>
<td>Intensive</td>
<td>Smoking cessation counseling visit of greater than 10 minutes.</td>
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<table>
<thead>
<tr>
<th>Diagnostic Codes:</th>
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<tbody>
<tr>
<td>305.1</td>
<td>Tobacco use disorder/dependence</td>
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<tr>
<td>V64.42</td>
<td>Counseling on substance abuse and abuse</td>
</tr>
<tr>
<td>E869.4</td>
<td>Secondhand smoke</td>
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</tbody>
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For more information, visit:

Www.millionheartsde.com | @MillionHeartsDE

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